

TRAINING BULLETIN

January - February 2019

Trg Night Timings	1830 Cadets fall in	1830-1855 Inspection Flight time	1900 - 1930 Period ONE	1930-2000 Period TWO	2000-2015 Break	2020-2050 Period THREE	2055 - 2120 Closing Parade	2130 Clear of building					
			Week 1 Date 15 Jan 2019	Week 2 Date 22 Jan 2019	Week 3 Date 29 Jan 2019	Week 4 Date 5 Feb 2019	Week 5 Date 12 Feb 2019	Week 6 Date 19 Feb 2019	Week 7 Date 26 Feb 2019				
LEVEL 1	1	EO - Description	M130.04 Watch on Canadian Wing FSgt Perry Lvl 1 Classroom	Summer Camp Briefing Trg O - Admin O Cafeteria	CO's Parade CI Roussel / WO1 Guibeault Gym	M108.10 Execute a Salute on the March WO2 Theriault Lvl 1 Classroom	M104.02 ID Strategies to Improve Participation in the CFA CI Rozon Lvl 1 Classroom	Sports / Activity Night WO1 Guibeault Sports and CMC Gym	C170.02 Watch How it's Made Segments Lvl 4 cadet Lvl 1 Classroom				
		Instructor				M101.01A What is it to be a Canadian Citizen CI Rozon Lvl 1 Classroom			M108.11 Pay Compliments with a Squad on the March Lvl 4 cadet Lvl 1 Classroom				
		Location				M101.01E Host a Mock citizenship Ceremony WO1 Guibeault Lvl 1 Classroom			C107.01 ID the RCAF NCM Rank Structure Lvl 4 cadet Lvl 1 Classroom				
	2	EO - Description	M160.03 Construct a Model Aerodrome FSgt Sheridan Lvl 1 Classroom	SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym		M240.01 Explore Current Advancement in Aerospace Tech FSgt Sheridan Lvl 2 classroom			M208.02 Invent a Space Tech Item FSgt Stackhouse Lvl 2 Classroom	M204.02 ID Strategies to Improve Participation in the CFA CI N Lavergne Lvl 2 Classroom	Sports / Activity Night WO1 Guibeault Sports and CMC Gym	M208.02 Form a single file from the halt Lvl 4 cadet Gym	
		Instructor											M203.06 Employ Problem Solving Capt Tanguay Lvl 2 classroom
		Location											
	3	EO - Description	M160.03 Construct a Model Aerodrome FSgt Sheridan Lvl 1 Classroom	SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym		M309.05 Select Appropriate Instructional Aids CI Deblois Lvl 3 Classroom			M309.04 Describe Questioning Techniques FSgt Ball Lvl 3 classroom	M340.01 ID Canadian Astronauts FSgt Perry Lvl 3 Classroom	Sports / Activity Night WO1 Guibeault Sports and CMC Gym	M309.06 Plan a Lesson CI Williams Lvl 3 Classroom	
		Instructor											M340.02 Discuss The history of Manned Space Exploration FSgt Perry Lvl 3 Classroom
		Location											
LEVEL 2	1	EO - Description	C230.04 Watch On Canadian Wing FSgt Perry Lvl 1 Classroom	Summer Camp Briefing Trg O - Admin O Cafeteria	CO's Parade CI Roussel / WO1 Guibeault Gym	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	Sports / Activity Night WO1 Guibeault Sports and CMC Gym	M208.02 Form a single file from the halt Lvl 4 cadet Gym				
		Instructor											
		Location											
	2	EO - Description	M231.05 Describe Aircraft Control Surface WO2 Cameron Lvl 2 Classroom	SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym		M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom		M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	Sports / Activity Night WO1 Guibeault Sports and CMC Gym	M203.06 Employ Problem Solving Capt Tanguay Lvl 2 classroom		
		Instructor											
		Location											
	3	EO - Description	M231.05 Describe Aircraft Control Surface WO2 Cameron Lvl 2 Classroom	SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym		M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom		M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	Sports / Activity Night WO1 Guibeault Sports and CMC Gym	M309.06 Plan a Lesson CI Williams Lvl 3 Classroom		
		Instructor											
		Location											
LEVEL 3	1	EO - Description	M309.03 Describe Effective Speaking Techniques FSgt Porteous Lvl 3 Classroom	Summer Camp Briefing Trg O - Admin O Cafeteria	CO's Parade CI Roussel / WO1 Guibeault Gym	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	Sports / Activity Night WO1 Guibeault Sports and CMC Gym	M309.06 Plan a Lesson CI Williams Lvl 3 Classroom				
		Instructor											
		Location											
	2	EO - Description	M309.02 ID Methods of Instruction CI William Lvl 3 Classroom	SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym		M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom		M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	Sports / Activity Night WO1 Guibeault Sports and CMC Gym	M340.02 Discuss The history of Manned Space Exploration FSgt Perry Lvl 3 Classroom		
		Instructor											
		Location											
	3	EO - Description	M309.02 ID Methods of Instruction CI William Lvl 3 Classroom	SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym		M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom		M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	Sports / Activity Night WO1 Guibeault Sports and CMC Gym	M340.02 Discuss The history of Manned Space Exploration FSgt Perry Lvl 3 Classroom		
		Instructor											
		Location											
LEVEL 4	1	EO - Description	M404.02 ID Strategies to Improve Participation in the CFA CI Roussel Lvl 4 Classroom	Summer Camp Briefing Trg O - Admin O Cafeteria	CO's Parade CI Roussel / WO1 Guibeault Gym	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	Sports / Activity Night WO1 Guibeault Sports and CMC Gym	PC409 Instruct a Lesson CI Roussel / Lt.Schan evaluator / Lvl 4 TBC				
		Instructor											
		Location											
	2	EO - Description	M404.02 ID Strategies to Improve Participation in the CFA CI Roussel Lvl 4 Classroom	SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym		M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom		M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	Sports / Activity Night WO1 Guibeault Sports and CMC Gym	PC409 Instruct a Lesson Lt Lacroix evaluator / Lvl 4 TBC		
		Instructor											
		Location											
	3	EO - Description	M404.02 ID Strategies to Improve Participation in the CFA CI Roussel Lvl 4 Classroom	SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym		M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom		M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	Sports / Activity Night WO1 Guibeault Sports and CMC Gym	PC409 Instruct a Lesson CI Roussel evaluator / Lvl 4 TBC		
		Instructor											
		Location											
LEVEL 5	1	EO - Description		Summer Camp Briefing Trg O - Admin O Cafeteria	CO's Parade CI Roussel / WO1 Guibeault Gym			Sports / Activity Night WO1 Guibeault Sports and CMC Gym					
		Instructor											
		Location											
	2	EO - Description		SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym						Sports / Activity Night WO1 Guibeault Sports and CMC Gym			
		Instructor											
		Location											
	3	EO - Description		SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym						Sports / Activity Night WO1 Guibeault Sports and CMC Gym			
		Instructor											
		Location											

Upcoming Activities

Ser	Date	Description	Location	Open to	OPI / Comments
1	Tue, Jan 8, 2019	Welcome Back Sport Night - Dodgeball Tourney	ESC Embrun	All Cadets	CI Rozon / FSgt Ball / FSgt Stackhouse
2	Sat, Jan 12, 2019	Marksmanship	Vars (same as usual)	Marksmanship/Biathlon teams	Capt Tanguay / CI Humber
2	Sat, Jan 12, 2019	Senior Cadet Team Building	TBC	Senior Cadets	CI Deblois/WO1 Guibeault
3	Tue, Jan 15, 2019	1st of Trg in 2019	ESC Embrun	All Cadets	First classroom evening
4	Fri, Jan 18, 2019	Cadet Day - Ottawa 67's	TD Place	All Cadets (max 30)	Lt Lacroix
5	Sat, Jan 26, 2019	Regional Biathlon Competition	Gatineau	Biathlon Team	CI Rozon / FSgt Sheridan
6	Sat, Feb 2, 2019	National Exam and Interview	Ottawa	Senior Cadet Candidates	Lt Lacroix
7	Sat, Feb 9, 2019	OP Polar Bear	Larose Forest	All Cadets	CI Roussel / Capt Tanguay / CI Rozon
8	15-17 Feb 2019	Winter Survival Training	Low, QC	Lvl 3 and up	CI Rozon
9	Sat 23 Feb 2019	Archery Tag	Ottawa	All Cadets	Lt Lacroix
10	Tue 12 Mar 2019	March Break Activity	Ottawa	All Cadets	Capt Tanguay

Instructors / Level Officers

Level Officers	Staff Instructors	Teams
Level 5 CI Andre Deblois	Capt D. Tanguay, CD	Drill Team Thursdays, 2000 to 2130 hrs
Level 4 CI Mario Roussel	CI Mark Williams	Band Thursdays, 2000 to 2130 hrs
Level 3 CI Mark Williams	CI Marc Rozon	Effective Speaking Monday, 1830 hrs to 2000 hrs
Level 2 CI Nick Lavergne	CI Nick Lavergne	Ground School Wednesday, 1830 hrs to 2100 hrs
Level 1 CI Marc Rozon		Marksmanship & Biathlon 2nd & 4th Saturdays, 0900 to 1200 hrs

Cadets Instructors

WO2 Cameron J - Level 4 and Aviation	FSgt Perry M - Level 2 & Sports
WO2 Fitzpatrick - Level 4 & Trg NCO	Fsgt Porteous M - Level 1 & Sports
WO1 Guibeault - Level 4, Drill and Leadership	FSgt Sheridan M - Level 3 & Sports
WO2 Theriault S - Level 4 & Survival and Drill	FSgt Humber P - Level 1 & Survival and Drill
FSgt Ball E - Level 2 & Sports	FSgt Stackhouse J - Level 3