

5 CYCLONE SQUADRON
Fall Field Training Exercise
2019

Materials to be brought by the Cadets

Clothing

- | | |
|---|---|
| <input type="checkbox"/> 3 pairs – cotton socks | <input type="checkbox"/> 2 pairs outdoor pants (no jeans) |
| <input type="checkbox"/> 3 sets – undergarments | <input type="checkbox"/> Hat (ball cap or Tilley) |
| <input type="checkbox"/> Pajamas | <input type="checkbox"/> Warm jacket |
| <input type="checkbox"/> 1-2 pairs – warm socks | <input type="checkbox"/> Rain jacket or poncho |
| <input type="checkbox"/> 2 warm sweaters | <input type="checkbox"/> Outdoor shoes or boots (no running shoes; shoes must have ankle support) |
| <input type="checkbox"/> 3 lightweight shirts | <input type="checkbox"/> Warm gloves |

Other Equipment

- | | |
|--|--|
| <input type="checkbox"/> Toiletries (deodorant, toothbrush, toothpaste etc.) | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> Face cloth | <input type="checkbox"/> Lip balm |
| <input type="checkbox"/> Sleeping bag | <input type="checkbox"/> Sunscreen/bug spray |
| <input type="checkbox"/> Pillow | <input type="checkbox"/> Note pad and pencil |

*****All cadets MUST bring a flashlight*****

OD Combat Clothing

It is recommended that cadets wear combat clothing, if they have it. Otherwise, other appropriate outdoor attire is required.

All kit will be packed in a rucksack/backpack; no airline luggage will make it to the training site.

Forbidden Equipment:

- Knives or other cutting tools (with the exception of Level 4 cadets and above)
- Food of any kind (except for those cadets authorized by the FTX OPI)
- Personal electronic devices (cell phones/tablets/etc)
- Drugs, alcohol or other illegal substances

Notes:

- Over-the-counter and/or prescription medication must be declared to the Medical Officer or delegate during the in-clearance and prior to boarding the bus.
- Cadets are forbidden to wear Contact Lenses on Field Training Exercises. Bring your eye glasses with you.
- Any cadet caught with any of the forbidden equipment mentioned above will not be permitted to participate in the exercise.