



5 Cyclone
Royal Canadian Air Cadet Squadron
Embrun, Ontario

Parent/Guardian Consent Form

1. Identification of cadet: _____ (Full name) has permission to attend:

- a. Event: **Fall Field Training Exercise**
- b. Location: **Apple Hill Scout Reserve**
- c. Dates: **26-27 Oct 19**

2. Over-the-Counter (OTC) / Prescribed Medication Administration

MUST BE FILLED OUT PRIOR TO EVENT

- a. I, _____ (Full name), give consent for this cadet to use the following OTC or prescription medications for known conditions.
- b. I am aware that supervising staff are not permitted to administer **any** OTC medications (including but not limited to painkillers, Benadryl, etc.) that have not been brought by the cadet in question. I have sent my cadet with OTC medications that I feel my cadet may require throughout the weekend.
- c. I am aware that supervising staff will secure all medications and make it available to the cadet at the prescribed time and they are available should the cadet have questions or concerns regarding medication.
- d. Medication and quantity brought by the cadet:

Name of Medication	_____	Name of Medication	_____
Administration Time (Please Circle)	Breakfast Lunch Dinner Bedtime As Needed	Administration Time (Please Circle)	Breakfast Lunch Dinner Bedtime As Needed
Name of Medication	_____	Name of Medication	_____
Administration Time (Please circle)	Breakfast Lunch Dinner Bedtime As Needed	Administration Time (Please circle)	Breakfast Lunch Dinner Bedtime As Needed

Note: The medication needs to be in the original package or (if possible) blister packed.

3. The cadet has the following allergies or dietary restrictions and has made supervising staff aware prior to 15 Oct 19:

In case of an Emergency during the exercise, parents may contact Lt Willis at (613) 898-3616.

During the weekend, I can be reached at: _____ ()

Emergency Contact: _____ ()

Parent's Name

Signature

Date

Fall Field Training Exercise

2019

Materials to be brought by the Cadets

Clothing

- 3 pairs – cotton socks
- 3 sets – undergarments
- Pajamas
- 1-2 pairs – warm socks
- 2 warm sweaters
- 3 lightweight shirts
- 2 pairs outdoor pants (no jeans)
- Hat (ball cap or Tilley)
- Warm jacket
- Rain jacket or poncho
- Outdoor shoes or boots (no running shoes; shoes must have ankle support)
- Warm gloves

Other Equipment

- Toiletries (deodorant, toothbrush, toothpaste etc.)
- Face cloth
- Sleeping bag
- Pillow
- Flashlight
- Lip balm
- Sunscreen/bug spray
- Note pad and pencil

*****All cadets MUST bring a flashlight*****

OD Combat Clothing

It is recommended that cadets wear combat clothing, if they have it. Otherwise, other appropriate outdoor attire is required.

All kit will be packed in a rucksack/backpack; no airline luggage will make it to the training site.

Forbidden Equipment:

- Knives or other cutting tools (with the exception of Level 4 cadets and above)
- Food of any kind (except for those cadets authorized by the FTX OPI)
- Personal electronic devices (cell phones/tablets/etc). **But wear a watch!**
- Drugs, alcohol or other illegal substances

Notes:

- Over-the-counter and/or prescription medication must be declared to the weekend's Administration Officer (CI Deblois) or delegate during the in-clearance and prior to boarding the bus.
- Any cadet caught with any of the forbidden equipment mentioned above will not be permitted to participate in the exercise.