

5 CYCLONE RCACS CADET VIRTUAL TRAINING GUIDELINES

5 Cyclone Royal Canadian Air Cadet Squadron (RCACS) is committed to providing a safe, respectful, and supportive environment where cadets can develop to their maximum potential. We facilitate supportive relationships between cadets within appropriate boundaries. For these reasons, 5 Cyclone RCACS has developed the following Cadet Virtual Training Guidelines for all cadets, including staff cadets.

As a cadet in 5 Cyclone RCACS, you must apply these guidelines while participating in virtual training. You will:

- Not eat or drink during virtual training (just like you would not eat or drink in class during a normal Training Year), however, a bottle of water is appropriate;
- Will keep your camera on and your mic muted until you have a question, comment, or something to contribute;
- Will wear your uniform in its entirety when participating in virtual training, including you boots, pants, wool socks, etc.;
- Ensure you have an appropriate background for video conferences; and
- Will actively participate in discussions when called upon.

You may speak with an adult at any time should you require any clarification on these Virtual Training Guidelines or should you need assistance in responding to any situation.