5 Cyclone Royal Canadian Air Cadet Sqn, Russell, Ontario

TRAINING BULLETIN

by Capt D. Tanguay, CD, Trg O updated 30 Oct 2018

November - December 2018

Trg Night Timings	1830	1830-1855	1900 - 1930	1930-2000	2000-2015	2020-2050	2055 - 2120	2130
	Cadets fall in	*Inspection Flight time*	*Period ONE*	*Period TWO*	*Break*	*Period THREE*	*Closing Parade*	*Clear of building*

	Periods	Week	1	2	3	4	5	6	7
		Date	6 Nov 2018	13 Nov 2018	20 Nov 2018	27 Nov 2018	4 Dec 2018	11 Dec 2018	18 Dec 2018
LEVEL 1	1	EO - Description	M100.01 PSRY	M121.01 Discuss Aviation Opportunities	Semi- Annual Parade Cl Roussel / WO1 Guibeault Gym	M100.03 PSRY	MX 04.03 Sports Nigt - Fitness Test FSgt Porteous / FSgt Sheridan Gym	M130.01 Construct a model Airpplane	Sports / Activity Night WO1 Guilbault Sports and CMC Gym
		Instructor	Cl Magill	FSgt Perry		Cl Magill		FSgt Stackhouse	
		Location	Lvl 1 Classroom	Lvl 1 Classroom		Lvl 1 Classroom		Lvl 1 classroom	
	2	EO - Description	M100.01 PSRY	M129.01 Recite Phonetic Alphabet		M100.04 PSRY		M130.01 Construct a model Airpplane	
		Instructor	Cl Magill	FSgt Stackhouse		Cl Magill		FSgt Stackhouse	
		Location	Lvl 1 Classroom	Lvl 1 Classroom		Lvl 1 Classroom		Lvl 1 classroom	
	3	EO - Description	M100.02 PSRY	Sqn Drill - Practice for Semi-Annual		M100.04 PSRY	Post fitness test sport	M108.09 Mark Time, Fwd and Halting in QT	
		Instructor	Cl Magill	Cl Roussel and WO1 Guilbault		Cl Magill	FSgt Ball	FSgt Porteous	
		Location	Lvl 1 Classroom	Gym		Lvl 1 Classroom	Gym	Lvl 1 Classroom	
LEVEL 2	1	EO - Description	M203.01 Discuss Leadership Within a Peer Setting	M231.03 Describe the Types of Drag Acting upon an Aircraft	Semi- Annual Parade Cl Roussel / WO1 Guibeault Gym	M203.04 Demonstrate Positive Group Dynamics	MX 04.03 Sports Nigt - Fitness Test FSgt Porteous / FSgt Sheridan Gym	M230.01 Discuss Aircraft flown in WWI and WWII	Sports / Activity Night WO1 Guilbault Sports and CMC Gym
		Instructor	FSgt Sheridan	WO2 Cameron		FSgt Perry		FSgt Sheridan	
		Location	Lvl 2 Classroom	Lvl 2 classroom		Lvl 2 classroom		Lvl 2 classroom	
	2	EO - Description	M203.01 Discuss the Principles of Leadership	M231.01 Describe the Types of Drag Acting upon an Aircraft		M203.04 Demonstrate Positive Group Dynamics		M230.02 Discuss Significant events of Cdn Mil History in the 20th century	
		Instructor	FSgt Sheridan	WO2 Cameron		FSgt Perry		FSgt Ball	
		Location	Lvl 2 Classroom	Lvl 2 classroom		Lvl 2 classroom		Lvl 2 classroom	
	3	EO - Description	M203.03 Discuss Effective Communication	Sqn Drill - Practice for Semi-Annual		M231.04 Describe the Axial Movement of an Aircraft	Post fitness test sport	M203.05 Discuss Influence Behavior	
		Instructor	FSgt Perry	Cl Roussel and WO1 Guilbault		WO2 Cameron	FSgt Ball	FSgt Perry	
		Location	Lvl 2 Classroom	Gym		Lvl 2 classroom	Gym	Lvl 2 classroom	
LEVEL 3	1	EO - Description	M303.05 Supervise Cadets	M303.06 Solve Problems	Semi- Annual Parade Cl Roussel / WO1 Guibeault Gym	M308.01 Prepare a Squad for Parade	MX 04.03 Sports Nigt - Fitness Tes FSgt Porteous / FSgt Sheridan Gym	M309.01 Explain Principles of Instruction	Sports / Activity Night WO1 Guilbault Sports and CMC Gym
		Instructor	WO2 Theriault	FSgt Ball		Cl Williams / WO2 Theriault		Cl Williams	
		Location	Lvl 3 Classroom	Lvl 3 classroom		Lvl 3 classroom		Lvl 3 classroom	
	2	EO - Description	M303.05 Supervise Cadets	M303.06 Solve Problems		M308.01 Prepare a Squad for Parade		M309.01 Explain Principles of Instruction	
		Instructor	WO2 Theriault	FSgt Ball		Cl Williams / WO2 Theriault		Cl Williams	
		Location	Lvl 3 Classroom	Lvl 3 classroom		Lvl 3 classroom		Lvl 3 classroom	
	3	EO - Description	M308.02 Deliver Words of Command	Sqn Drill - Practice for Semi-Annual		M308.01 Prepare a Squad for Parade	Post fitness test sport	M308.02 Deliver Words of Command	
		Instructor	FSgt Tanguay	Cl Roussel and WO1 Guilbault		Cl Williams / WO2 Theriault	FSgt Ball	FSgt Tanguay	
		Location	Gym	Gym		Lvl 3 classroom	Gym	Lvl 3 classroom	
LEVEL 4	1	EO - Description	M408.04 Inspect a Cadet on Parade	M409.03 Describe Learner Needs	Semi- Annual Parade Cl Roussel / WO1 Guibeault Gym	M400-1 PSRY Capt Tanguay Lvl 4 classroom	MX 04.03 Sports Nigt - Fitness Test FSgt Porteous / FSgt Sheridan Gym	M409.03 Instruct a 30 min lesson	Sports / Activity Night WO1 Guilbault Sports and CMC Gym
		Instructor	WO1 Guibeault	FSgt Humber				WO2 Cameron	
		Location	Gym	Lvl 4 classroom				lvl 4 classroom	
	2	EO - Description	M409.02 ID Elements of a Positive Learning	M409.03 Describe Learner Needs				M409.03 Instruct a 30 min lesson	
		Instructor	WO2 Fitzpatrick	FSgt Humber				WO2 Cameron	
		Location	Lvl 4 Classroom	Lvl 4 classroom				lvl 4 classroom	
	3	EO - Description	M409.02 ID Elements of a Positive Learning	Sqn Drill - Practice for Semi-Annual			Post fitness test sport	M409.05 Explain Assessment	
		Instructor	WO2 Fitzpatrick	Cl Roussel and WO1 Guilbault			FSgt Ball	WO2 Theriault	
		Location	Lvl 4 Classroom	Gym			Gym	Lvl 4 classroom	
LEVEL 5	1	EO - Description			Semi- Annual Parade Cl Roussel / WO1 Guibeault Gym		MX 04.03 Sports Nigt - Fitness Test FSgt Porteous / FSgt Sheridan Gym		Sports / Activity Night WO1 Guilbault Sports and CMC Gym
		Instructor							
		Location							
	2	EO - Description							
		Instructor							
		Location							
	3	EO - Description		Sqn Drill - Practice for Semi-Annual			Post fitness test sport		
		Instructor		Cl Roussel and WO1 Guilbault			FSgt Ball		
		Location		Gym			Gym		

Upcoming Activities

Ser	Date	Description	Location	Open to	OPI / Comments
1	Sat, Nov 3, 2018	Legion Poppy Sales	Russell Legion	All cadets	Special Projet Officer
2	Sat, Nov 10, 2018	Visit to War Museum	War Museum Ottawa	All cadets	Trg O OPI
3	Sun, Nov 11, 2018	Remembrance Day	Russell Legion	All cadets	CO & Parent Committee
4	Sun, Nov 11, 2018	Remembrance Day	Embrun City Hall	All cadets	CO & Parent Committee
5	Sat, Nov 17, 2018	Lvl 1 Boot Camp	TBA	Lvl 1 cadets	Cl Deblois & lvl 1 Staff cadets
6	Sat, Nov 17, 2018	Jnr NCM Crse	TBA	Lvl 2 & 3 cadets	
7	Sat, Nov 24, 2018	Embrun Chrismas parade	Embrun	All cadets	CO & Parent Committee
8	Sun 25 Nov 2018	Russell Christmas parade	Russell STACHS	All cadets	CO & Parent Committee
9	Sat 1 Dec 2018	Sqn Christmas Dinner	Limoges Community Centre	All cadets	Parent Committee
10	Wed 14 Nov 2018	Russell Meadows Activity	Russell Meadows Retirement Home	All cadets	lvl 5 cadets
11	**19 Dec 2018 to 7 Jan 2019**	**Christmas Break (no training)**		**All cadets**	**Merry Christmas and Happy New Year**

Instructors / Level Officers

Level Officers

Level 5	Cl Andre Deblois
Level 4	Cl Mario Roussel
Level 3	Cl Mark Williams
Level 2	Cl Nick Lavergne
Level 1	Cl Marc Rozon

Staff Instructors

Cl Mark Williams
Cl Marc Rozon
Cl Nick Lavergne

Cadets Instructors

WO2 Cameron J - Level 4 and Aviation
WO2 Fitzpatrick - Level 1 & Trg NCO
WO1 Guibeault - Level 4, Drill and Leadership
Sgt Heller B - Level 3 & Sports
FSgt Humber P - Level 3 & Survival and Drill
FSgt Tanguay M - Level 3
WO2 Theriault S - Level 4 & Survival and Drill

FSgt Ball E - Level 2 & Sports
FSgt Perry M - Level 2 & Sports
Fsgt Porteous M - Level 1 & Sports
FSgt Sheridan M - Level 2 & Sports
Sgt Sinclair J - Level 1
FSgt Stackhouse J - Level 1