

TRAINING BULLETIN

January - February 2019 - version 25.02

Trg Night Timings	1830 Cadets fall in	1830-1855 Inspection Flight time	1900 - 1930 Period ONE	1930-2000 Period TWO	2000-2015 Break	2020-2050 Period THREE	2055 - 2120 Closing Parade	2130 Clear of building					
			1 19 Feb 2019	2 26 Feb 2019	3 5 Mar 2019	4 19 Mar 2019	5 26 Mar 2019	6 2 Apr 2019	7 9 Apr 2019				
LEVEL 1	1	EO - Description	M108.10 Execute a Salute on the March	M104.02 ID Strategies to Improve Participation in the CFA CI Rozon Lvl 1 Classroom	M130.01 Identify aircraft as military, civilian and cadet FSgt Perry Lvl 1 rm	C170.02 Watch How it's Made Segments Lvl 4 cadet Lvl 1 Classroom	Lesson by Lvl 4 cadets TBA Lvl 4 Cadet Lvl 1 Room	CO's Parade CI Roussel / WO1 Guibeault Gym	Sports Night - Fitness Testing Sport Committee Gym				
		Instructor	WO2 Theriault Lvl 1 Classroom										
		Location											
	2	EO - Description	M101.01A What is it to be a Canadian Citizen							M130.01 Identify aircraft as military, civilian and cadet FSgt Perry Lvl 1 rm	M108.11 Pay Compliments with a Squad on the March Lvl 4 cadet Lvl 1 Classroom	Lesson by Lvl 4 cadets TBA Lvl 4 Cadet Lvl 1 Room	
		Instructor	CI Rozon Lvl 1 Classroom										
		Location											
	3	EO - Description	M101.01E Host a Mock citizenship Ceremony							M130.02 Describe the main components of an airplane FSgt Humber Lvl 1 rm	C107.01 ID the RCAF NCM Rank Structure Lvl 4 cadet Lvl 1 Classroom	SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym	
		Instructor	WO1 Guibeault Lvl 1 Classroom										
		Location											
LEVEL 2	1	EO - Description	M240.02 Invent a Space Tech Item	M204.02 ID Strategies to Improve Participation in the CFA CI N Lavergne Lvl 2 Classroom	M203.08 Participate in Team-Building Activities Record Entries in a Reflective Journal FSgt Porteous Ivl 2 room	M208.02 Form a single file from the halt Lvl 4 cadet Gym	M270.02 ID Requirement for Aircraft Maint WO Cameron Lvl 2 Room	CO's Parade CI Roussel / WO1 Guibeault Gym	Sports Night - Fitness Testing Sport Committee Gym				
		Instructor	FSgt Stackhouse Lvl 2 Classroom										
		Location											
	2	EO - Description	M240.01 Explore Current Advancement in Aerospace Tech							M203.01 ID Aspects of Aircraft Manufacturing WO Cameron Ivl 2 room	M203.06 Employ Problem Solving Capt Tanguay Lvl 2 classroom	SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym	
		Instructor	FSgt Sheridan Lvl 2 classroom										
		Location											
	3	EO - Description	M309.04 Describe Questioning Techniques							M340.01 ID Canadian Astronauts FSgt Perry Lvl 3 Classroom	M331.01 Describe Aircraft Stability CI Roussel Lvl 3 Room	M340.02 Discuss The history of Manned Space Exploration FSgt Perry Lvl 3 Classroom	
		Instructor	FSgt Ball Lvl 3 classroom										
		Location											
LEVEL 3	1	EO - Description	M303.07 Lead Cadets through a Leadership Assignment	M309.05 Select Appropriate Instructional Aids CI Deblois Lvl 3 Classroom	M309.07 Instruct a 15 min Lesson CI Williams / WO Fitzpatrick Ivl 3 room	M309.06 Plan a Lesson CI Williams Lvl 3 Classroom	M309.07 Instruct a 15 min Lesson CI Williams / WO Fitzpatrick Ivl 3 room	CO's Parade CI Roussel / WO1 Guibeault Gym	Sports Night - Fitness Testing Sport Committee Gym				
		Instructor	Capt Martel Lvl 3 Classroom										
		Location											
	2	EO - Description	M409.03 Instruct a Lesson (prep)							M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	PC409 Instruct a Lesson CI Roussel / Lt Schan evaluator / Lvl 4 TBC	PC409 Instruct a Lesson CI Williams evaluator / Lvl 4 TBC
		Instructor	Capt Tanguay / Lvl 4 student Lvl 4 classroom										
		Location											
	3	EO - Description	M409.03 Instruct a Lesson (prep)							M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson Capt Tanguay / Lvl 4 student Lvl 4 classroom	PC409 Instruct a Lesson CI Roussel evaluator / Lvl 4 TBC	SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym
		Instructor	Capt Tanguay / Lvl 4 student Lvl 4 classroom										
		Location											
LEVEL 4	1	EO - Description	M409.03 Instruct a Lesson (prep)	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	PC409 Instruct a Lesson Lt Lacroix evaluator / Lvl 4 TBC	PC409 Instruct a Lesson CI Williams evaluator / Lvl 4 TBC	CO's Parade CI Roussel / WO1 Guibeault Gym	Sports Night - Fitness Testing Sport Committee Gym				
		Instructor	Capt Tanguay / Lvl 4 student Lvl 4 classroom										
		Location											
	2	EO - Description	M409.03 Instruct a Lesson (prep)							M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson Capt Tanguay / Lvl 4 student Lvl 4 classroom	PC409 Instruct a Lesson CI Roussel evaluator / Lvl 4 TBC	SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym
		Instructor	Capt Tanguay / Lvl 4 student Lvl 4 classroom										
		Location											
	3	EO - Description	M409.03 Instruct a Lesson (prep)							M409.03 Instruct a Lesson CI Williams / Lvl 4 student Lvl 4 classroom	M409.03 Instruct a Lesson Capt Tanguay / Lvl 4 student Lvl 4 classroom	PC409 Instruct a Lesson CI Roussel evaluator / Lvl 4 TBC	SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym
		Instructor	Capt Tanguay / Lvl 4 student Lvl 4 classroom										
		Location											
LEVEL 5	1	EO - Description						CO's Parade CI Roussel / WO1 Guibeault Gym	Sports Night - Fitness Testing Sport Committee Gym				
		Instructor											
		Location											
	2	EO - Description											
		Instructor											
		Location											
	3	EO - Description											SqN Drill - Practice for CO's Parade CI Roussel and WO1 Guibeault Gym
		Instructor											
		Location											

Upcoming Activities

Ser	Date	Description	Location	Open to	OPI / Comments
1	Sat, Feb 9, 2019	OP Polar Bear	Larose Forest	All Cadets	CI Roussel / Capt Tanguay / CI Rozon
2	15-17 Feb 2019	Winter Survival Training	Low, QC	Lvl 3 and up	CI Rozon
2	Sat, Mar 16, 2019	Regional Marksmanship Competition		Marksmanship team	CI Rozon
3	Wed, Mar 13, 2019	March Break Activity	Ottawa	All Cadets, max 40 cdfs	Capt Tanguay
4	Sat, Feb 23, 2019	Senior Teambuilding Activity	Ottawa	Senior Cadets	Capt Martel and WO1 Guibeault
5	Sat, Mar 30, 2019	Map and Compass retake	Russell/Embrun	Lvl 3	Capt Tanguay & CI Williams
6	Tue 2 Apr 2019	CO's Parade	ESC Embrun	All	CI Roussel

Instructors / Level Officers

Level Officers	Staff Instructors
Level 5 CI Andre Deblois	Capt D. Tanguay, CD
Level 4 CI Mario Roussel	CI Mark Williams
Level 3 CI Mark Williams	CI Marc Rozon
Level 2 CI Nick Lavergne	CI Nick Lavergne
Level 1 CI Marc Rozon	

Teams	Days	Time
Drill Team	Thursdays	2000 to 2130 hrs
Band	Thursdays	2000 to 2130 hrs
Effective Speaking	Monday	1830 hrs to 2000 hrs
Ground School	Wednesday	1830 hrs to 2100 hrs
Marksmanship & Biathlon	2nd & 4th Saturdays	0900 to 1200 hrs

Cadets Instructors

WO2 Cameron J - Level 4 and Aviation	FSgt Perry M - Level 2 & Sports
WO2 Fitzpatrick - Level 4 & Trg NCO	Fsgt Porteous M - Level 1 & Sports
WO1 Guibeault - Level 4, Drill and Leadership	FSgt Sheridan M - Level 3 & Sports
WO2 Theriault S - Level 4 & Survival and Drill	FSgt Humber P - Level 1 & Survival and Drill
FSgt Ball E - Level 2 & Sports	FSgt Stackhouse J - Level 3