



# 5 Cyclone Royal Canadian Air Cadet Sqn, Russell, Ontario

## TRAINING BULLETIN

by Capt D. Tanguay, CD, Trg O

updated 14 Jan 2020

### January - February 2020

Trg Night Timings	1830 Cadets fall in	1830-1855 Inspection Flight time	1900 - 1930 Period ONE	1930-2000 Period TWO	2000-2015 Break	2020-2050 Period THREE	2055 - 2120 Closing Parade	2130 Clear of building							
			<b>1</b> 7 Jan 2020	<b>2</b> 14 Jan 2020	<b>3</b> 21 Jan 2020	<b>4</b> Wed, Jan 29, 2020	<b>5</b> 4 Feb 2020	<b>6</b> 11 Feb 2020	<b>7</b> 18 Feb 2020						
LEVEL 1	1	EO - Description	Sports / Activity Night WO1 Porteous Sports and CMC Gym	M129.01 Recite Phonetic Alphabet FSgt Tanguay Lvl 1 Classroom	Summer Camp Briefing Trg O - Admin O Cafeteria	Archery Tag	M108.10 Execute a Salute on the March FSgt Young Lvl 1 Classroom	M104.02 ID Strategies to Improve Participation in the CFA OCdt Rozon Lvl 1 Classroom	C170.02 Watch How it's Made Segments Lvl 4 cadet Lvl 1 Classroom						
		Instructor		M160.03 Construct a Model Aerodrome WO2 Perry Lvl 1 Classroom			M101.01A What is it to be a Canadian Citizen FSgt Weiher Lvl 1 Classroom		M108.11 Pay Compliments with a Squad on the March Lvl 4 cadet Lvl 1 Classroom						
		Location		M160.03 Construct a Model Aerodrome WO2 Perry Lvl 1 Classroom			M101.01E Host a Mock citizenship Ceremony WO1 Porteous Lvl 1 Classroom		C107.01 ID the RCAF NCM Rank Structure Lvl 4 cadet Lvl 1 Classroom						
	2	EO - Description		M231.04 - Describe the Axial Movement of an Aircraft FSgt Perry S Lvl 2 Classroom	Summer Camp Briefing Trg O - Admin O Cafeteria		Archery Tag		M208.02 Form a Single File From the Halt FSgt Perry Gym	M204.02 ID Strategies to Improve Participation in the CFA CI Gagnon K / CI Delisse A Lvl 2 Classroom	M208.02 Form a single file from the halt Lvl 4 cadet Gym				
		Instructor		M231.05 Describe Aircraft Control Surface FSgt Ranger Lvl 2 Classroom					M240.02 Invent a Space Tech Item WO2 Perry Lvl 2 Classroom		M203.06 Employ Problem Solving Capt Tanguay Lvl 2 classroom				
		Location		M231.05 Describe Aircraft Control Surface FSgt Ranger Lvl 2 Classroom					M130.04 Watch on Canadian Wing Sgt Garneau / WO1 Porteous Lvl 1 Classroom						
	3	EO - Description		Sports / Activity Night WO1 Porteous Sports and CMC Gym	PC308 Direct a Squad Prior to a Parade (practice) FSgt Nadeau Gym				Summer Camp Briefing Trg O - Admin O Cafeteria		Archery Tag	M309.05 Select Appropriate Instructional Aids CI Deblois Lvl 3 Classroom	M303.07 Lead Cadets through a Leadership Assignment Capt Martel Lvl 3 Classroom	M309.06 Plan a Lesson CI Williams Lvl 3 Classroom	
		Instructor			M309.02 ID Methods of Instruction WO2 Sheridan Lvl 3 Classroom							M309.03 Describe Effective Speaking Techniques FSgt Ranger Lvl 3 Classroom		M340.01 ID Canadian Astronauts - past and present FSgt Ball Lvl 3 Classroom	M340.02 Discuss The history of Manned Space Exploration FSgt Young Lvl 3 Classroom
		Location													
LEVEL 2	1	EO - Description	Sports / Activity Night WO1 Porteous Sports and CMC Gym		M404.02 ID Strategies to Improve Participation in the CFA CI Delisse Lvl 4 Classroom	Summer Camp Briefing Trg O - Admin O Cafeteria		Archery Tag	M409.03 Instruct a Lesson (practice) CI Williams / Lvl 4 student Lvl 4 classroom			M409.03 Instruct a Lesson (practice) CI Williams / Lvl 4 student Lvl 4 classroom		PC409 Instruct a Lesson CWO Roussel / Lt Schan evaluator / Lvl 4 TBC	
		Instructor							M409.03 Instruct a Lesson (practice) CI Williams / Lvl 4 student Lvl 4 classroom			M409.03 Instruct a Lesson (practice) CI Williams / Lvl 4 student Lvl 4 classroom		PC409 Instruct a Lesson CI J Gagnon evaluator / Lvl 4 TBC	
		Location							M409.05 Explain Assessment CI Williams Lvl 4 Classroom			M409.03 Instruct a Lesson (practice) CI Williams / Lvl 4 student Lvl 4 classroom		PC409 Instruct a Lesson CI Deblois evaluator / Lvl 4 TBC	
	2	EO - Description				Sports / Activity Night WO1 Porteous Sports and CMC Gym	M404.02 ID Strategies to Improve Participation in the CFA CI Delisse Lvl 4 Classroom		Summer Camp Briefing Trg O - Admin O Cafeteria	Archery Tag					
		Instructor													
		Location													
	3	EO - Description		Sports / Activity Night WO1 Porteous Sports and CMC Gym					M404.02 ID Strategies to Improve Participation in the CFA CI Delisse Lvl 4 Classroom		Summer Camp Briefing Trg O - Admin O Cafeteria	Archery Tag			
		Instructor													
		Location													
LEVEL 3	1	EO - Description	Sports / Activity Night WO1 Porteous Sports and CMC Gym		M404.02 ID Strategies to Improve Participation in the CFA CI Delisse Lvl 4 Classroom			Summer Camp Briefing Trg O - Admin O Cafeteria			Archery Tag				
		Instructor													
		Location													
	2	EO - Description				Sports / Activity Night WO1 Porteous Sports and CMC Gym	M404.02 ID Strategies to Improve Participation in the CFA CI Delisse Lvl 4 Classroom	Summer Camp Briefing Trg O - Admin O Cafeteria		Archery Tag					
		Instructor													
		Location													
	3	EO - Description		Sports / Activity Night WO1 Porteous Sports and CMC Gym				M404.02 ID Strategies to Improve Participation in the CFA CI Delisse Lvl 4 Classroom	Summer Camp Briefing Trg O - Admin O Cafeteria			Archery Tag			
		Instructor													
		Location													
LEVEL 4	1	EO - Description	Sports / Activity Night WO1 Porteous Sports and CMC Gym		M404.02 ID Strategies to Improve Participation in the CFA CI Delisse Lvl 4 Classroom				Summer Camp Briefing Trg O - Admin O Cafeteria		Archery Tag				
		Instructor													
		Location													
	2	EO - Description				Sports / Activity Night WO1 Porteous Sports and CMC Gym	M404.02 ID Strategies to Improve Participation in the CFA CI Delisse Lvl 4 Classroom		Summer Camp Briefing Trg O - Admin O Cafeteria	Archery Tag					
		Instructor													
		Location													
	3	EO - Description		Sports / Activity Night WO1 Porteous Sports and CMC Gym				M404.02 ID Strategies to Improve Participation in the CFA CI Delisse Lvl 4 Classroom	Summer Camp Briefing Trg O - Admin O Cafeteria			Archery Tag			
		Instructor													
		Location													
LEVEL 5	1	EO - Description	Sports / Activity Night WO1 Porteous Sports and CMC Gym		M404.02 ID Strategies to Improve Participation in the CFA CI Delisse Lvl 4 Classroom				Summer Camp Briefing Trg O - Admin O Cafeteria		Archery Tag				
		Instructor													
		Location													
	2	EO - Description				Sports / Activity Night WO1 Porteous Sports and CMC Gym	M404.02 ID Strategies to Improve Participation in the CFA CI Delisse Lvl 4 Classroom		Summer Camp Briefing Trg O - Admin O Cafeteria	Archery Tag					
		Instructor													
		Location													
	3	EO - Description		Sports / Activity Night WO1 Porteous Sports and CMC Gym				M404.02 ID Strategies to Improve Participation in the CFA CI Delisse Lvl 4 Classroom	Summer Camp Briefing Trg O - Admin O Cafeteria			Archery Tag			
		Instructor													
		Location													

#### Upcoming Activities

Ser	Date	Description	Location	Open to	OPI / Comments
1	Tue, Jan 7, 2020	Welcome Back Sport Night	ESC Embrun	All Cadets	WO1 Porteous Sports and CMC
2	Sun, Jan 12, 2020	SQN Marksmanship	TBD	Marksmanship/Biathlon teams	OCdt Rozon / Capt Tanguay
3	Tue, Jan 14, 2020	CO Fire Side Chat	ESC Embrun	Selected Cadets	Capt Martel
4	Sat, Jan 18, 2020	National Exams	Ottawa	Senior Cadet Candidates	Lt Willis
5	Sat, Jan 25, 2020	Cadet Day - Ottawa 67's	TD Place	All Cadets (max 30)	Capt Tanguay
6	Sat, Jan 25, 2020	Regional Biathlon Competition	Gatineau	Biathlon Team	OCdt Rozon / WO2 Sheridan
7	Wed 29 Jan 2020	Archery Tag	Ottawa	All Cadets	Capt Tanguay
8	Sat, Feb 1, 2020	Tubing	Edelweiss	All Cadets	Capt Tanguay
9	Fri, Feb 7, 2020	Senior Cadet Team Building	TBC	Senior Cadets	CI Deblois/WO1 Porteous
10	Sat Feb 8, 2020	National Interviews, IACE, PPS, GPS	Ottawa	Senior Cadet Candidates	Lt Willis
11	14-16 Feb 2020	Winter Survival Training	Low, QC	Lvl 3 and up	OCdt Rozon
12	Sat, Feb 15, 2020	OP Polar Bear II	Larose Forest	All Cadets	Capt Tanguay / CWO Roussel / CI Gagnon J
13	Sat 22 Feb 2020	Regional Effective Speaking Contest	Ottawa	Cadets interested	TBC
14	Tue 25 Feb 2020	CO's Parade	ESC Embrun	All Cadets	CWO Roussel / WO1 Porteous
15	Tue 17 Mar 2020	March Break Activity	Ottawa	All Cadets	Capt Tanguay

#### Instructors / Level Officers

Level Officers	Staff Instructors
Level 5 CI Andre Deblois	Capt D. Tanguay, CD
Level 4 CI Mark Williams	CWO Mario Roussel, CD
Level 3 CI Justin Gagnon	CI Mark Williams
Level 2 CI Katrine Gagnon / CI Alexandre Dellisse	CI Andre Deblois
Level 1 OCdt Marc Rozon	CI Justin Gagnon

Cadets Instructors	
WO2 Porteous M - Level 5 & Sports	FSgt Perry S - Level 2
WO2 Sheridan M - Level 4 & Sports	FSgt Ranger I - Level 2
WO2 Perry M - Level 4 & Aviation	FSgt Tanguay V - Level 1
FSgt Ball E - Level 3 & Sports	Sgt Young E - Level 1
FSgt Stackhouse J - Level 3 and tech EOs	FSgt Weiher - Level 1
FSgt Nadeau H - Level 3	Sgt Garneau - Level 1